



A play session at PESTS with some of the children on World Book Day

Hello Everyone, Welcome to our Summer 2017 Newsletter. I hope you are all enjoying the warmer weather.

A warm welcome also, to the new families at PESTS. It's been lovely to see parents making friends and sharing experiences with each other.

Are you thinking of a nursery or school that meets your child's needs, or about accessing short breaks/respite? Are you struggling to find your way through the many changes in the care system? We know this can all seem quite daunting.

If you find yourself struggling with any of these or other issues, or have problems navigating websites to find services suitable to you and your child, we want to hear from you.

You are invited to come along to PESTS this month on one of our **consultation** dates of **21st, 25th & 28th April**, to discuss the **Ealing SEND Local Offer**.

I would just like to remind you also, that you are more than welcome to visit the PESTS Play & Support sessions on a Tuesday or Friday between 10.30am-12.15pm, even if your child is in nursery or at school. There will always be a listening ear or others just wanting to talk and share experiences.

If you would like to discuss anything else about your child please call 07914 311298.

Check out our new website and facebook page, for the latest info

Joy Barton, Project Manager

Find us on f

What's On This Term

CONSULTATION – PESTS, Windmill Children's Centre & the Family information Service will be consulting with families on 21st, 25th & 28th April, re the Local Offer. This will be an opportunity for parents to feedback on local services and the delivery of information. See leaflet attached.

INTENSIVE INTERACTION - is a practical approach to interacting with people with learning disabilities who do not find it easy communicating or being social. It helps the person with learning difficulties and their communication partner to relate better to each other and enjoy each other's company more. This talk will be on Tues 2nd May.

MAKATON SIGNING FOR BABIES WORKSHOP - a course for parent carers and young children designed to support spoken language using signs and symbols, in spoken word order. The course runs over 4 consecutive Fridays starting on 5th May at PESTS from 10.45-12.15am. Cost: £10 which includes all course materials.

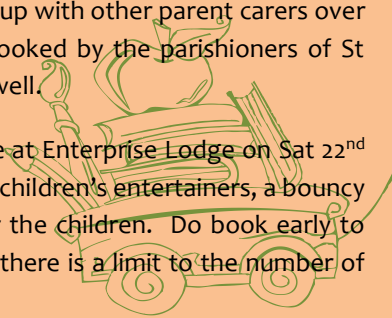
SINGING HANDS – are visiting again this term on the 16th & 23rd June and also on 14th July. It will be a fun packed multi-sensory session, introducing you to Makaton signing, through songs, rhymes, stories and games, promoting communication development for babies and young children.

There will also be the usual visits from **Speech & Language**, **Tooth Fairy** and the **Clinical Psychologist** and other local organisations, including a speaker on benefits advice.

PARENT CARERS EVENING - on Monday 24th April in the Function Room, Black Horse, Greenford. Come along for a fun evening of chat, laughter & activities. Food available.

PARENT CARERS MEAL - on Thurs 15th June during Carers Week. A chance to meet up with other parent carers over a delicious meal kindly cooked by the parishioners of St Christopher Church, Hanwell.

SUMMER PARTY – will be at Enterprise Lodge on Sat 22nd July from 2pm-4pm, with children's entertainers, a bouncy castle and lots of fun for the children. Do book early to avoid disappointment as there is a limit to the number of families that can attend.





Congratulations to our lucky winner Pauline, who won 1st prize in the Christmas Raffle 2016. Here she is receiving her Eurostar Ticket for Two, from Maureen Browne, Ex-Trustee at PESTS

Creative Movement Workshop

Cat and her team from Blink Dance Theatre, came to work with the children over 4 weeks at the play & support sessions. The classes help to improve balance and coordination, muscle strength and flexibility. It was lots of fun too!

Mother's Day Treat - Pampering Session

With all of the stresses of daily life, looking after a child with a disability, it's important that we take some time to just relax. Parents were treated to a head and neck massage and had their nails done, during a play & support session at PESTS in celebration of Mother's Day. Each mum also received a 'goody bag' of treats to take home.

Other Events

LONDON ZOO SPECIAL NEEDS DAY – will be on Sat 6th May & Sun 7th May this year. There will be lots going on and Singing Hands will be there too! If you book via www.daytrippers.org.uk there will be a schedule of activities, including interactive sensory storytelling.

AUTISM AWARENESS TRAINING DAY - There are more dates available during May & June for parent carers to attend a training day for this event. It's hosted by the Ealing Speech & Language Therapy Dept and feedback has been great. For dates & booking, please call 020 8825 8856

SEN SESSIONS – Check out the complimentary morn & eve sessions for children and young adults with additional needs at www.partymanworld.co.uk

Treasurer Wanted If you have finance experience with 4-6 hrs to spare per month and would like to join our friendly board of trustees, please email: info@pests-ealing.org.uk or call 020 8571 9954

EVENTS AT A GLANCE

Monday 24th April from 7.30pm

PARENTS / CARERS EVENING

A chance to meet up with other parents and carers. Refreshments provided.

Starts Friday 5th May – Ends Fri 26th May

MAKATON SIGNING FOR BABIES (4 week course)

Booking required. Form attached

Thursday 15th June, 7.00pm

PARENTS /CARERS MEAL

St Christopher's Church, Bordars Road, Hanwell W7. From 7pm. Booking required.

SINGING HANDS

will be visiting on 16th & 23rd June and again on 14th July. Come along for a fun, sensory and interactive experience of songs, rhymes, stories & games

Saturday 22nd July 2pm-4pm

FAMILY SUMMER PARTY AT ENTERPRISE LODGE

There will be children's entertainment, including Mowkee the Clown plus food and more.

Booking essential! £2 per child, plus £3 per family for transport. Please download a booking from the PESTS website at www.pests-ealing.org.uk

Useful links

EALING FAMILY SERVICES DIRECTORY – information listing helpful services in and around the borough of Ealing for families. <https://www.ealingfamiliesdirectory.org.uk/kb5/ealing/directory/home.page>

PESTS (Parents of Ealing Self Help Training Scheme)
Windmill Children's Centre,
Windmill Lane, Greenford, Middlesex UB6 9DZ
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